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MAINSTREAM PHYSICAL THERAPIST  
JOHN KIRLANGITIS AWARDED

ORTHOPEDIC PHYSICAL THERAPIST SPECIALIST RECERTIFICATION

ALEXANDRIA, VA, May 26, 2021 – John Kirlangitis, PT, DPT, MBA, OCS of Weirton, West Virginia has achieved recertification as a board-certified clinical specialist in orthopedic physical therapy by the American Board of Physical Therapy Specialties (ABPTS) of the American Physical Therapy Association (APTA).

Kirlangitis specializes in the evaluation and treatment of musculoskeletal conditions for patients of all ages. He works extensively with orthopedic conditions

“Maintaining my board-certification is key to demonstrating my commitment to pursuing the highest level of skill with which to best serve my patients,” Kirlangitis said.

Kirlangitis graduated in 2002 from Chatham University in Pittsburgh, Pennsylvania, with a doctor of physical therapy degree. He is the owner of Mainstream Physical Therapy in Weirton, an outpatient orthopedic and Sports physical therapy clinic.

To obtain board certification, candidates must submit evidence of required clinical practice in one of nine specialty areas: Cardiovascular and Pulmonary, Clinical Electrophysiology, Geriatrics, Neurology, Oncology, Orthopaedics, Pediatrics, Sports and Women’s Health Physical Therapy.

In addition, candidates must successfully complete a rigorous examination, demonstrating specialized knowledge and advanced clinical proficiency in a specialty area of physical therapist practice.

Certifications are valid for 10 years. For recertification, ABPTS has developed a maintenance model that focuses on continuing competence of the physical therapist specialist. This new "Maintenance of Specialist Certification" model includes the following elements: professional standing and direct patient care hours, commitment

to lifelong learning through professional development, practice performance through examples of patient care and clinical reasoning, and cognitive expertise through a test of knowledge in the profession. To date, more than 16,000 physical therapists are board-certified clinical specialists.

ABPTS was established by APTA as the governing body that awards certification to physical therapists who meet approved requirements. ABPTS oversees the physical therapy clinical specialist certification and maintenance of specialist certification programs and awards certificates to physical therapists meeting approved requirements.